

# BRUNCH

noun. A meal typically eaten late in the morning as a combination of a late breakfast and an early lunch.  
[br(eakfast) + (l)unch]

Available Saturday, Sunday & Bank Holidays 11:00 am – 2:00 pm / Sorry, no take out between these hours.  
15% service charge for groups of 8 plus.

Saturday: \$4.26 for all bar well hi-balls (single [1oz] only)  
Sunday Caesar \$4.53 / Dbl Caesar \$6.30 / Long Island Iced Tea \$6.30 / Mimosa \$4.53

All brunch items are served with our famous "Black Bear PAWtatoes"

ALL SIDES @ \$2.99 – 2 eggs, bacon, ham, sausages, 2 toast, 2 English muffins

Denver Omelet	Honey ham, bell pepper strips, red & white onions, mushrooms, Jack & Cheddar. <b>\$10.29</b>
Brunch Burrito 🍌🍌	Scrambled eggs, bacon, ham, sausage, peppers, & onions with hot sauce. <b>\$10.29</b>
Crab & Asparagus Omelet	Blend of asparagus, feta and cream cheeses, and Jonah (blue) crab. <b>\$11.29</b>
Huevos Rancheros	Crisp corn tortillas, spicy beef, poached eggs, cheese & ranchero sauce. <b>\$11.29</b> Add sm. Guacamole <b>\$1.29</b>
Brunch Quesadilla	Multi-colored baked tortilla wedges stuffed with scrambled eggs, pork chorizo sausage, vegetables and three cheeses. Served with sour cream, fresh cut salsa. <b>\$11.29</b>
Belgian Waffles	2 waffles with whipped cream & strawberry topping with pawtatoes. <b>\$9.29</b>
2 Eggs	Any style, with your choice of crisp bacon, ham, or farmer's pork sausage and two farm fresh eggs. <b>\$9.29</b>
Eggs Benedict	Toasted English muffin(s) topped with fire grilled ham; poached egg(s). <b>1 egg \$7.29 / 2 egg \$9.29</b>
Eggs Florentine	Toasted English muffin(s) topped with spinach and feta cheese; poached egg(s). <b>1 egg \$8.29 / 2 egg \$10.29</b>
Shrimp Benedict	Toasted English muffin(s), peeled shrimp, fresh avocado and poached egg(s). <b>1 egg \$9.29 / 2 egg \$11.29</b>
Smoke Salmon Benedict	Toasted English muffin(s) topped with cold smoked salmon, capers, & red onions; poached egg(s). <b>1 egg \$9.29 / 2 egg \$11.29</b>
Crab Cake Benedict	In house made crab cake(s), flash fried; poached egg(s). <b>1 egg \$9.29 / 2 egg \$11.29</b>
6 oz Steak & 2 eggs:	Broiled AAA steak and eggs prepared to your liking, PAWtatoes & toast. <b>\$14.99</b>

## Soup & Salads

🍌 Indicates spiciness. More bombs, more spice.

Daily Soup:	Housemade	Bowl with grilled baguette toast <b>\$5.99</b>	<b>Cup. \$3.99</b>
Clam Chowder:	New England style	Bowl with grilled baguette toast <b>\$9.99</b>	<b>Cup. \$4.99</b>

Bear Patch Salad: Leaf greens, tomato, carrot & cucumber with baguette toast. **sm. \$6.99 / lg. \$8.99**

Caesar Salad: Romaine, croutons, anchovy, garlic, lemon juice with baguette toast. **sm. \$6.99**  
**lg. \$8.99 / Meal add-on 3.99**

Add chicken breast or shrimp @ \$4.99/ Prawn skewer or Yellowfin tuna steak @ \$5.99

Chop Chop Salad: 🍌🍌 Spicy, grilled chicken, micro greens, tomato, onion, bell peppers, mushrooms, carrots, celery, avocado & dry egg noodles with grainy mustard vinaigrette. **\$12.29**

Sesame Tuna Salad: Yellowfin tuna steak, white & black sesame seed crust grilled medium rare & thinly sliced with house salad. **\$11.29**

## Small Plates & Sharing

- Bangkok Spring Rolls:** Slawed oriental vegetables, honey, sesame & ginger dip sauce. **\$4.99**
- Grouse Haystacks:** String potato, flash fried and season to perfection with chipotle mayo **\$5.99**
- Seymour Yam Fries:** Julienne yams, flash fried and seasoned to perfection with chipotle mayo. **\$5.99**
- Shanghai Lumpia:** Two seasoned Filipino pork spring rolls served with spicy vinaigrette. **\$5.99**
- Bear Cheese Bread:** Perfected by us - Cheddar, Jack, & Romano cheese, green onions, & garlic butter **\$7.29**
- Crab & Asparagus Dip:** Atlantic rock crab, asparagus, spinach, asiago & cream cheese with nacho chips. **\$9.99**
- Jerk Chicken Nuggets:** Chicken morsels, jerk marinated & flash fried. Haystack fries, jerk aioli dip **\$10.99**
- Chicken Fingers:** Lightly breaded, flash fried with fat-boy fries & honey mustard dip. **\$10.99**

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## Quesadillas

Bell pepper strips, mushrooms, red onion & 3 cheeses baked in tortillas

Chicken or Vegetable **\$11.29** Pulled Pork or Chorizo **\$12.29** Shrimp **\$13.29**

**With any Quesadilla purchase The Black Bear will donate \$0.50 to the North Shore Disability Resource Centre. With your help we have raised \$3,993.00 so far.**

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## Burgers & Sandwiches

**Choice of grilled white or multi-grain bun with lettuce, fresh tomato, red onion & sliced pickle.**

- Club Sandwich:** Baked breast of chicken and crisp bacon, tomato, & lettuce on multi-grain bread. **\$10.29**
- Pulled Pork Sandwich:** Kansas City style "pulled" pork with Bear BBQ sauce & coleslaw on a toasted bun. **\$10.29**
- Pesto Chicken Sandwich:** Tender breast of chicken on a freshly baked baguette, lettuce, tomato with pesto mayo & asiago cheese, oven baked. **\$10.29**
- Fallafel Wrap:** Ground chickpea, potato & herb patty flash fried, wrapped in a sun dried tomato tortilla with lettuce, tomato, red onion & tzatziki sauce with choice of side. **\$10.29**
- Salmon Burger:** Ground salmon w/ scallions, spicy sambal, cilantro, & lemon pepper seasoning. **\$11.29**
- Tuna Burger:** Yellowfin tuna steak broiled to medium rare served with wasabi mayo. **\$11.29**
- Jerk Chicken Burger:** Bear's house jerk sauce marinated breast with jerk mayo. **\$11.29**
- BC Bear Essentials:** Special sauce, mayo, lettuce, tomato, red onion & sliced pickle.  
Ground sirloin or Veggie patty **\$9.29** Chicken breast or Ostrich **\$10.29**
- The Matterhorn:** Sautéed field mushrooms, Swiss cheese and bacon.  
Ground sirloin or Veggie patty **\$11.29** Chicken breast or Ostrich **\$12.29**
- The Smokehouse:** Smoked Jalapeno Jack cheese, BBQ sauce & bacon.  
Ground sirloin or Veggie patty **\$11.29** Chicken breast or Ostrich **\$12.29**

**Choice of 1 side dish:** Daily soup, Fat-Boy fries, Coleslaw, or Bear Patch salad.

**Add \$1.50 to sub** Haystack fries, sautéed onions, & mushrooms.

**Add \$2.50 to sub for** BEAR chowder, Caesar salad, Garlic smash, or YAM fries to any of the above items.

*\* Applicable taxes not included*